



VIGOR ADJUSTABLE HEIGHT SQUAT STAND

SKU: HR3210





PRODUCT DESCRIPTION

The **Adjustable Height** Squat Stand takes up little space and is the safe training partner you are looking for. The bar holder and the spotters can be set at different heights for a complete workout.

The heavy construction and the solid design ensure that the stand-alone squat position is stable during training and does not succumb during the heaviest exercise. This guarantees a fine training, where safety comes first.

The red spotters can be hung at six different heights so that you can perform several exercises with a good feeling.

Some exercises that you can perform with the Adjustable Height Squat Stand:

- Squats
- Shoulder presses
- Bend over rows

Most important features:

- Adjustable in height
- 2 adjustable spotters for extra safety
- High quality black and red metallic powder coating
- Maximum load up to 273 kg

ADDITIONAL INFORMATION

More Information

Product Weight

Product Dimension

Max Load

Warranty

31kg

98 x 119 x 104cm (L x W x H)

273kg

1 Year