



# BODYX FOLDING CUBE SMITH MACHINE FUNCTIONAL TRAINER COMBO

SKU: BK-3101







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#### PRODUCT DESCRIPTION

This is a world first for Folding Home Gym Smith Machine with Pulley System. In a time where space is not always a luxury for everyone.

- Folds away easily after usage
    - Takes little workout area
  - Use pin select weight stack for smith machine
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## BODYX CUBE

The Folding Smith Machine, All-In-One Functional Trainer.

- The CUBE Folding Home Gym Smith Machine can transform from a depth of 120cm to as

The Smith Machines ideal for improving building muscle with a lower risk of injury. Fitted with safe lock and release mechanisms and a safety catch allowing you to max out your training without the need for a spotter.

little as 60cm

- Accessories: Handles for Cable Crossovers, Lat Pull Down Bar, Tricep Pulldown rope, Push Bar, Short bar, Ankle Strap
- Works well with the [DHT Ultralim Folding Bench](#) in which the bench can be folded and stored within the machine together.

Key features:

- Steel aircraft cables, rated to 2,000 lbs
- 2 x 90kg weight stack
- Off-the-floor base

**This is a world first for Folding Home Gym Smith Machine. All-In-One Functional Trainer upgrade to the fitness Solution.**



**The smith machine**



**The pulleys**



**The stacks**

The CUBE utilizes high quality 25mm self-aligning linear bearings to achieve the smooth, secure movements a smith machine needs. Change weights easily with the built in weight stack.

Dual, heavy duty swivel pulleys on the front rack form an essential component of this machine. A fixing point for the many attachments included with the CUBE, there is little you cannot perform with this cable system.

2 x 90kg precision cut steel weight stacks allow the user to increase strength over time with 20 weight increments. These easy to access, pin select weight stacks add ease for quick-changing supersets, multiple users and much more.



## EXERCISE GUIDE

COMPLETE YOUR WORKOUT  
WITH THESE ACCESSORIES  
WHICH COMES WITH THE  
MACHINE



**스쿼트**  
SQUAT

스미스



**바벨로우**  
BARBELL ROW

스미스



**데드리프트**  
DEAD LIFT

스미스



**벤치프레스**  
BENCH PRESS

스미스



**딥스**  
DIPS

케이블



**케이블 크로스오버**  
CABLE CROSSOVER

케이블



**트라이셉 프레스다운**  
TRICEP PRESSDOWN

케이블



**랫풀다운**  
LAT PULL DOWN

케이블



**백플라이**  
BACK FLY

케이블



**체스트프레스**  
CHEST PRESS

케이블



**암컬**  
ARM CURL

케이블



**시이트로우**  
SEATED ROW

케이블



**킥백**  
KICK BACK

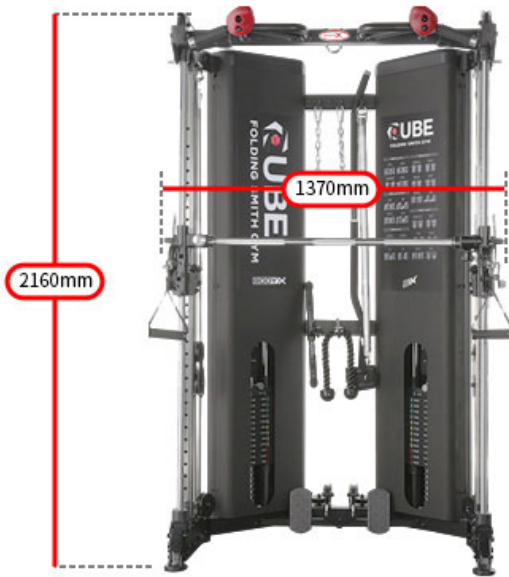
케이블



**풀업**  
PULL UP

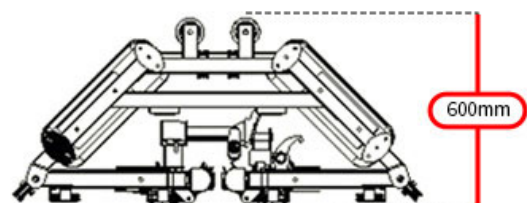
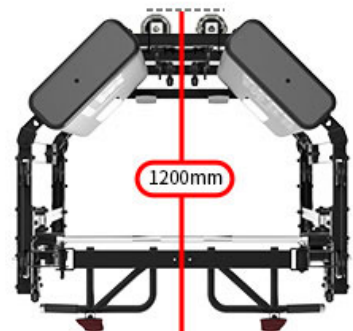
바디웨이트





접었을때  
최대넓이 : 1244mm

접었을때  
최대깊이(폭) : 600mm





ADDITIONAL  
INFORMATION

More Information

|                          |                                                                      |
|--------------------------|----------------------------------------------------------------------|
| <b>Product Weight</b>    | 338kg                                                                |
| <b>Product Dimension</b> | 120 x 137 x 216cm, Folded: 60 x 124 x 216cm (Depth x Width x Height) |
| <b>Warranty</b>          | Mainframe: Lifetime, Other parts: 1 Year                             |