



AB CORE PAD (MAT)

SKU: F-ACORE

FORCE
USA





PRODUCT DESCRIPTION

The AbCore Pad is one of the most effective training pads available on the market. It offers:

- The full range of motion necessary which allows you target all of your abdominal muscle groups
 - A variety of exercises can be done to achieve different goals.
- Can be used to isolate upper or lower abs, as well as targeting those hard to train obliques
- The ab core pad is a safe, comfortable design which fits snugly to the contour in your lower back
 - The ab core pad provides the necessary support to help prevent injury
- One size fits all! This unique pad is designed to be suitable for people of all heights, shapes, weights, sizes and physical ability!
- The AbCore Pads have a compact, ideal to take it with you anywhere. Take your ab core pad and some Force USA super bands for the ultimate workouts while away on business!

ADDITIONAL INFORMATION

More Information

Warranty

6 months